

## **PC 531 Essentials of Pastoral Care**

Fall Semester 2018, Modular Course

Taylor Seminary's Mission

*To develop Christ-minded leaders who make a difference in the world*

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*My passion is to empower yours!*

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**SCHEDULE:** Five-day modular course, October 15-19, 2018

8:30am – 4:00pm (with morning and afternoon breaks and one hour lunch)

**CREDITS:** 3 (90 hours of study outside of class time)

### **COURSE DESCRIPTION:**

An introductory course that deals with the theology, theory, and practice of pastoral care in the context of Christian ministry. Attention will also be given to how pastoral care is performed through leading of special worship services: Lord's Supper, baptism, weddings, and funerals, etc.

### **COURSE OBJECTIVES BASED ON TARGET STATEMENTS**

A. Knowledge—Students will

- Describe a core philosophy from which to fulfill pastoral care in Christ and in a faith community that is holistic, theologically and biblically informed, Spirit-led, and practical.
- Articulate a biblical theology for practices of pastoral care.
- Identify issues involved in providing pastoral care along with the other demands within a ministry context.
- Describe and give evidence of using the resources available from church history and from contemporary contexts to develop and express effective pastoral care.
- State principles and practices for pastoral care in a variety of ministry contexts, such as preaching, teaching, the Lord's Supper, baptisms, home and hospital visitation, weddings and funerals.
- Summarize pitfalls and conflicts in pastoral care contexts.

B. Character—Students will

- Attend classes, read texts and carry out course assignments, in prayerful Spirit-led ways.
- Prayerfully reflect on the function of pastoral care with growth in compassion and care.

C. Ability—Students will

- Provide examples of theological reflection on experiences of providing pastoral care.
- Care for people with compassion and skill through an attentive presence with Scripture-fed and Spirit-led prayer and spiritual direction, regardless of external circumstances.

**COURSE TEXTS:**

- Timothy Z. Witmer. *The Shepherd Leader*. P&R Publishing, 2010.
  - Roger Helland. *The Devout Life: Plunging the Depths of Spiritual Renewal*. Wipf & Stock, 2017 (available from the instructor in class for \$20.00, or online from Kindle).
- Also, choose **one** of the following supplemental course texts:
- Andrew Purves. *Pastoral Theology in the Classical Tradition*. Westminster John Knox, 2001.
  - Deborah van Duesen Hunsinger. *Pray Without Ceasing: Revitalizing Pastoral Care*. Eerdmans, 2006.
  - Dietrich Bonhoeffer. *Spiritual Care*. Fortress Press, 2004.
  - Henri Nouwen. *The Wounded Healer: Ministry in Contemporary Society*. Image, 1979.
  - Larry Crabb. *Connecting: Healing for Ourselves and Our Relationships*. Thomas Nelson, 2005.
  - Richard Baxter. *The Reformed Pastor*. Revised Edition. Banner of Truth Trust, 1974.
  - Rob Reimer. *Soul Care: 7 Transformational Principles for a Healthy Soul*. Carpenter's Son, 2016.
  - Phil Zylla. *The Roots of Sorrow: A Pastoral Theology of Suffering*. Baylor Univ. Press, 2012.

**COURSE REQUIREMENTS:**

**PRE-CLASS ASSIGNMENT (30%): DUE OCTOBER 15, 2018**

*Spend some time in Prayer. Then . . .*

**Read:** “Pastoral Care” and “Pastoral Care and Counseling, Role Conflicts in,” in the *Baker Encyclopedia of Psychology and Counseling*, 2<sup>nd</sup> ed. (Baker, 1999): Take notes of key ideas.  
<https://www.dropbox.com/s/17kw31rnqmd7d3f/BAKER%20ENCYCLOPEDIA%20OF%20PSYCHOLOGY%20AND%20COUNSELING.pdf?dl=0>

**Read:** “Four Models of Counseling in Pastoral Ministry” by Timothy Keller, in *Gospel in Life.com* (2004): Take notes of key ideas.  
[https://www.dropbox.com/s/2h188ed6dl4f86h/Four\\_Models\\_of\\_Counseling\\_in\\_Pastoral\\_Ministry.pdf?dl=0](https://www.dropbox.com/s/2h188ed6dl4f86h/Four_Models_of_Counseling_in_Pastoral_Ministry.pdf?dl=0)

**Read:** “The Priest as Pastor” and “The Pastor as Counselor,” by William H. Willimon, in *Pastor: The Theology and Practice of Ordained Ministry*: Take notes of key ideas.  
<https://www.dropbox.com/s/sbtvfg57gfzff3f/William%20Willimon%20Pastoral%20Care.pdf?dl=0>

**Read:** “Pastoral Care: The Holy Spirit and the Human Spirit,” by Neville Kirkwood, in *Ministry Magazine* (September 2002). Take notes of key ideas. <https://goo.gl/HijfcW>.

**Read:** Timothy Z. Witmer, *The Shepherd Leader*. Take notes of key ideas.

**Write a Letter:** Drawing from what you read above, compose a six-page letter (1800 words) that offers advice to a young pastor who is assigned to a new congregation. Advise the new pastor in terms of what you consider to be a succinct definition of pastoral care, essential principles and practices, and some key warnings or conflicts in how to offer pastoral care to God’s flock (Acts 20:28; 1 Peter 5:2). Attach a two-page Appendix to the letter that contains an annotated list of at least 10 key passages that provide specific practices for pastoral care.

**8 pages total.**

### **MID-CLASS ASSIGNMENT (5%): DUE OCTOBER 16**

On Monday evening, **for the class on Tuesday**, be prepared to discuss the following:

**Read:** “How Pastoral Care Stunts the Growth of Most Churches,” by Carey Nieuwhof, in *Church Leaders* (November 23, 2015). Take notes of key ideas and your response: <https://goo.gl/7e8pCy>

**Read:** “Spiritual Formation: The Need for More Preaching (and Penance) in the Psychologist’s Office, or Why Therapy Never Should Have Left the Church in the First Place,” by David E. Fitch, in *The Great Giveaway: Reclaiming the Mission of the Church From Big Business, Parachurch Organizations, Psychotherapy, Consumer Capitalism, and Other Modern Maladies* (Baker Books, 2005). Take notes of key ideas and your response. <https://www.dropbox.com/s/k6du1ao3cl883rp/David%20Fitch%20Spiritual%20Formation.pdf?dl=0>

### **POST-CLASS ASSIGNMENTS (65%)**

1. *Spend some time in prayer. Then . . .*

**Read:** Roger Helland, *The Devout Life: Plunging the Depths of Spiritual Renewal*.

**Write a Book Chapter Reflection:** Select five of the ten chapters that you will explore in more depth in terms of their value to help facilitate spiritual formation and renewal in your context. Answer one exercise *For Pastors and Church Leaders* at the end of each of your selected chapters. If you are not a pastor or church leader choose one of the *For Reflection and* at the end of your five selected chapters. Write one page per chapter. **5 pages total.**

**Due: November 17 (20%)**

2. **Book Review.** Read: **one** of the supplemental texts above. Take notes of key ideas.

**Write** a two-page Amazon.com type book review (600 words) that expresses the key ideas of the supplemental text and its application to your practices of pastoral care. Give the book a 1-5 star rating and your rationale. Then, meet with a “pastoral care-receiver” (not a relative or classmate) at least twice. Write two three-page reports (900 words each) of your meetings that describe the “care-receiver’s” situation, and an honest reflection of your conversational, listening, caring, and praying practices. **8 pages total. Due December 15 (20%).**

*Spend some time in Prayer. Then . . .*

3. **Integrative Essay.** **Write** a seven-page (2100 words) Final Academic Integrative Essay that articulates your theology and practice of pastoral care.

Review your course notes and PowerPoint slides, previous assignments, and textbook readings. Identify the main contours of the course and consult two more sources from the bibliography and take notes. Structure your outline. Then, in *six pages*, carefully articulate *six* major contours of the course that integrates your research drawn from the course texts, class discussions and content, and at least two other resources listed in the bibliography (or other current sources not listed). As you develop the six contours, apply them to yourself in terms of theological foundations and specific practices to cultivate biblical personal character and pastoral care. Devote one page per contour. Use only the first person, not the second or third person. At the end of your research and writing, then write a concise and compelling introduction to the paper in one half page and a concise and compelling conclusion to draw the paper to a close in one half page. **7 pages total. Due December 15 (25%).**

### **Process and Format for the Paper**

The paper should reflect solid academic and practical content, in the first person to avoid abstractions (I, me, my, mine), with good spelling and grammar, style, and formatting of paragraphs, headings and subheadings, footnotes, and bibliography. Use Word.doc, one-inch margins, half-inch indented paragraphs, *double-spaced* throughout (not triple spaced between paragraphs), with Times New Roman, 12-point font. Brief citations should only be used to support your key ideas and avoid typing out long passages of Scripture. For guidance in writing a research paper consult: <https://writing.wisc.edu/Handbook/PlanResearchPaper.html>

### **COURSE EVALUATION:**

|   |                 |     |
|---|-----------------|-----|
| Pre-class Assignment                                  | Due October 15  | 30% |
| Mid-class Assignment                                  | Due October 16  | 5%  |
| Post-class Assignments                                |                 |     |
| Read and write on <i>The Devout Life</i>              | Due November 17 | 20% |
| Read and write on supplemental text and care meetings | Due December 15 | 20% |
| Final Academic Integrative Essay                      | Due December 15 | 25% |

### *Permission for Use of Student Assignments*

As part of Taylor Seminary's accreditation process, the faculty is required annually to review anonymized examples of student assignments from selected core courses in our Masters degrees. If you do not wish your assignment to be anonymized and then included in the random sample from which assignments will be chosen for review, please request an abstention from your course instructor.

**ATTENDANCE POLICY:** Unexcused absences and lack of participation may adversely affect your grade. Unexcused absences may result in failure for the course.

### **GENERAL INFORMATION:**

#### *1. MOODLE*

Taylor Seminary's Moodle is located on a shared platform with our partner seminary, Sioux Falls Seminary. Bookmark this site on your computer for easy, regular access:

<https://moodle.sfseminary.edu>

Moodle log-in is the first initial of your first name and your last name - all in lowercase, with no spaces. For example, if your name is John Calvin, you would log-in as jcalvin

The default enrolment key is the course code (all in lowercase, with no spaces). The course code consists of the course prefix followed by the course number.

For example, Old Testament Introduction's key is: ot417

If you are having trouble logging into Moodle or self-enrolling, please email

[teresa.seibel@taylor-edu.ca](mailto:teresa.seibel@taylor-edu.ca)

#### *2. COURSE WRITING*

##### *Formatting*

All studies and papers should be typed and formatted according to the Society of Biblical Literature writing style as outlined in the Seminary's *Guidelines for Research Writing in Religion & Theology (SBL)*. For the full stylesheet, please refer to Patrick H. Alexander, et al., ed., *The SBL Handbook of Style: For Biblical Studies and Related Disciplines* (Atlanta: SBL Press, 2014) which is in Reading Room.

##### *Research Language.*

You should employ acceptable research language for your paper which is not too informal yet reads inclusively. Avoid the use of gender specific language (e.g., Do not refer to "man" generically or to "mankind," "men," "he"; rather use "humankind," "humanity," "person," etc.)

### *Plagiarism.*

Academic honesty and integrity is essential to the academic enterprise and the Seminary community. All written work submitted *must* be your own. *Guidelines for Research Writing* defines plagiarism as the failure to give credit where credit is due: “To plagiarize is to give the impression that you have written something original which in fact you have borrowed from another without acknowledging that other person's work” (*Guide for Research and Writing*, 2016, p. 11-13). If you borrow ideas or distinctive phrases, or include direct quotations in your written assignments, you must acknowledge your source(s) properly by in-text citation or footnote. It is also wrong to copy another person’s work or to submit an assignment previously handed in for credit in another course. **Students guilty of plagiarism may receive a grade of zero for the assignment and may be brought to the attention of the Seminary’s Academic Committee.**

### *3. COURSE WITHDRAWAL POLICY*

After the period for which tuition refunds are available, a “W” will be placed on the transcript of a student who withdraws from any course. Beyond those dates, an “F” will be recorded on the student’s transcript.

### **COURSE OUTLINE:**

Class 1: Monday Morning: Theological Foundations and Reflection in Pastoral Care

Class 2: Monday Afternoon: Historical and Contemporary Contexts of Pastoral Care

Class 3: Tuesday Morning: Practical Templates and Protocols for Pastoral Care

Class 4: Tuesday Afternoon: Soul Care: Sin, Satan, and Sickness, Abuses and Addictions (Sam)

Class 5: Wednesday Morning: The Holy Spirit, Prayer, and Pastoral Care in Community

Class 6: Wednesday Afternoon: Pastoral Care in Times of Trial and Tragedy

Class 7: Thursday Morning: Pastoral Care in Preaching, Teaching, Hospital and Home Visitation

Class 8: Thursday Afternoon: Pastoral Care in Baptisms, Communion, Weddings, and Funerals

Class 9: Friday Morning: Biblical Foundations of Spiritual Formation and Renewal

Class 10: Friday Afternoon: Practices of Spiritual Formation and Renewal

## BIBLIOGRAPHY

- Akin, Daniel and R. Scott Pace. *Pastoral Theology: Theological Foundations for Who a Pastor is and What He Does*. B&H Academic, 2017.
- Benner, David G. *Strategic Pastoral Counseling: A Short-Term Structure Model*. Second Edition. Baker Academic, 2003.
- Clinebell, Howard. *Basic Types of Pastoral Care and Counseling: Resources for the Ministry of Healing and Growth*. Revised Edition. Abingdon, 1984.
- Gibson, Scott M. *Preaching for Special Services*. Baker Books, 2001
- Gregory the Great. *On Pastoral Care*. GHL Publishing, (Kindle) 2013.
- Helland, Roger. *Magnificent Surrender: Releasing the Riches of Living in the Lord*, Wipf & Stock, 2012.
- \_\_\_\_\_. *Missional Spirituality: Loving God and Neighbor From the Inside Out*, IVP, 2011.
- Henderson, Daniel. *Transforming Presence: How the Holy Spirit Changes Everything From the Inside Out*. Moody, 2018.
- Lewis, C. S. *The Problem of Pain*. Revised Edition. HarperOne, 2015.
- Malphurs, Aubrey and Keith Willhite, eds. *A Contemporary Handbook for Weddings and Funerals and Other Occasions*. Kregel, 2003.
- Mitchell, Kenneth R, and Herbert Anderson. *All Our Losses All Our Grief: Resources for Pastoral Care*. Westminster John Knox Press, 1983.
- Patton, John. *Pastoral Care in Context: An Introduction to Pastoral Care*. Westminster John Knox Press, 1993.
- Peterson, Eugene. *The Contemplative Pastor: Returning to the Art of Spiritual Direction*. Eerdmans, 1993.
- Purves, Andrew. *Reconstructing Pastoral Theology: A Christological Foundation*. Westminster John Knox Press, 2004.
- Switzer, David K. *Pastoral Care Emergencies: Ministering to People in Crisis*. Fortress Press, 2016.
- Wimber, John. *Power Healing*. HarperOne, 1991.